

## Trainers

BLATSIOS Georgios, Austria	MARTICORENA Joaquin, Spain
CEREDA Matteo, Italy	MCGOWAN Gerard Francis, Scotland
CHANDRA Aman, UK	MONETA-WIEGLOS Joanna, Poland
COUTURIER Aude Stephanie, France	ROMANO Mario, Italy   <b>Chair</b>
DEMIREL Sibel, Turkey	SMITH Jonathan, UK
FORLINI Matteo, Italy	VALLDEPERAS Xavier, Spain
GRABOWSKA Anna, UK	VALLEJO GARCIA Jose Luis, Italy
IRIGOYEN Cristina, Spain	ZAPATA VICTORI Miguel Angel, Spain
JALIL Assad, UK	

### Application Procedure Simulator Training One-day course (Cataract or Vitreoretina)

Applicants are not required to have completed their residency.

Previous participation in ESASO modules not necessary.

Application: send an email to [sara.corbino@esaso.org](mailto:sara.corbino@esaso.org)

The application package, to be sent in a Portable Document Format (PDF) files, will include:

- Curriculum Vitae
- Copy of the Degree/Master in Medicine
- Passport/ID card copy

The fees cover tuition, course material and lunches.

The fee for one day is of € 1,000 and is paid with one single advanced installment, usually 90 days prior to the beginning of the course to secure participation.

One day course tailored on individual skills. Small group (4 people).

### Application Procedure 3D & Simulator Training One-day and a half course (Vitreoretina)

Applicants are not required to have completed their residency.

Previous participation in ESASO modules not necessary.

Application: send an email to [sara.corbino@esaso.org](mailto:sara.corbino@esaso.org)

The application package, to be sent in a Portable Document Format (PDF) files, will include:

- Curriculum Vitae
- Copy of the Degree/Master in Medicine
- Passport/ID card copy

The fees cover tuition, course material and lunches.

The fee for one day is of € 1,500 and is paid with one single advanced installment, usually 90 days prior to the beginning of the course to secure participation.

One day and a half course tailored on individual skills. Small group (6 people).



10  
YEARS



Associated to



**ESASO Head Office**  
Villa Saroli  
Viale Stefano Franscini, 9  
CH-6901 Lugano  
Switzerland

T: +41 (0)91 921 1154

[info@esaso.org](mailto:info@esaso.org)

[www.esaso.org](http://www.esaso.org)

## ESASO 3D & Simulator Training

The training with 3D & Simulators enables young ophthalmologists to acquire expertise and hands-on experience

# Simulator Training Centre

## Cataract Surgery

Lugano, Switzerland

### Programme

08:45	Registration
08:50	<b>SESSION 1: Set-up the Dry-Lab</b>
09:00	Dry-Lab training <b>Bimanual and Intracapsular Anti-Tremor Training</b>
10:30	<b>SESSION 2: Capsulorhexis</b>
11:00	COFFEE BREAK
11:30	Dry-Lab training <b>Capsulorhexis, Initial Flap, different tensions</b>
13:00	Discussion
13:30	LUNCH
14:30	<b>SESSION 3: Phaco techniques</b>
14:30	Dry-Lab training <b>Divide and Conquer, Phaco Chopping, Hydro Maneuvers, I/A</b>
16:00	<b>SESSION 4: IOL implant</b>
16:30	Dry-Lab training <b>IOL implant and Cataract Challenge Course</b>
17:30	Closing remarks Certificates and farewell

## Vitreoretinal Surgery

Lugano, Switzerland

### Programme

08:45	Registration
08:50	<b>SESSION 1: Set-up the Dry-Lab</b>
09:00	Dry-Lab training <b>Bimanual coordination in the vitreous cavity</b>
10:30	<b>SESSION 2: The posterior vitreous detachment: the key point</b>
11:00	COFFEE BREAK
11:30	Dry-Lab training <b>Induction of posterior vitreous detachment</b>
12:30	Discussion
13:30	LUNCH
14:30	<b>SESSION 3: The vitreoretinal interfaces: tips and tricks</b>
15:00	Dry-Lab training <b>Epiretinal membrane removal</b>
16:00	<b>SESSION 4: The retinal detachment: how to manage vitrectomy, laser and tamponades</b>
16:30	Dry-Lab training <b>The vitrectomy for retinal detachment</b>
17:30	Closing remarks Certificates and farewell

## 3D Training

Lugano, Switzerland

### Programme

08:30	<b>SESSION 1: Setup the 3D Microscope</b>
09:00	<b>SESSION 2: 3D Navigation Training outside of the eye</b>
09:30	Dry-Lab activity <b>3D Coordination Training in vitreous chamber</b>
10:00	Dry-Lab activity <b>3D Trocars and chandelier insertion</b>
10:30	Dry-Lab activity <b>3D Corneal and scleral suture</b>
11:00	COFFEE BREAK
11:30	Dry-Lab activity <b>3D Circumferential and radial buckle placement</b>
12:00	Dry-Lab activity <b>3D Forceps training</b>
12:30	Dry-Lab activity <b>3D Epiretinal membrane peeling in artificial eye</b>
13:00	Dry-Lab activity <b>3D Transscleral illumination</b>
13:30	Closing Remarks